

## **COURSE DESCRIPTION**

### **Must Courses**

#### **Advanced Research Methods**

Scientific thinking, appropriate research, statistical methods.

#### **Advanced Perspectives in Social Psychology**

Theories and perspectives in the area of social psychology, contemporary approaches, and research areas.

#### **Advanced Perspectives in Health Psychology**

Theories and constructs of health psychology, attribution theory, social cognitive theory, locus of control, perceived control, perceived self-efficacy, health beliefs model, personal illness models, learned helplessness, theory of planned behaviour, protection motivation theory.

#### **Psychosocial Processes in Health**

Constructs of health and illness, health protection and promotion, behavioural basis of illness, adjustment to illness, hospitalisation, compliance with treatment, treatment choice, coping with illness, psychological interventions, doctor-patient communication, health and social constructs.

#### **Applications in Psychology**

Interventions within the framework of health, sport, developmental, social and cognitive psychology

#### **Seminar**

Participation in seminars provided by invited scholars in the area of psychology and related areas, and reporting.

#### **Thesis**

Preparation of research proposals in the area of health, sport, developmental, social and cognitive psychology, carrying out the proposed research, reporting and viva.

#### **Graduation Project**

Preparation of a project in the area of health, sport, developmental, social and cognitive psychology.

### **Elective Courses**

#### **Social Cognition**

Theories of social and cognitive psychology, social cognition models.

#### **Physiological Basis of Health**

Body systems and related diseases.

#### **Stress and Coping with Stress**

Theoretical framework of stress, coping strategies, appropriate psychological interventions.

**Violence in Healthcare**

Conflict and violence between healthcare professionals and patients and their relatives, prevention, alternative solutions and coping.

**Unhealthy Habits**

Causes, nature and treatment of unhealthy habits such as smoking, alcohol use, substance use, excessive computer use, gambling.

**Health Behaviour Change Programmes**

Review of programmes that aim to ameliorate behaviours and other factors that affect physical health.

**Healthy Life Skills**

Review of studies related to health promotion interventions.

**Close Relationships and Health**

Effects of family functioning on health, family relationships and cardiovascular illnesses, diabetes, cancer, Alzheimer disease, relationship of obesity, tobacco use with physical problems such as asthma.

**Sport and Exercise Psychology**

Definition and characteristics of sport psychology, history of sport psychology, role of sport psychology, main areas of sport psychology, methods of sport psychology and training in sport psychology.

**Pharmacology**

Medication used within the context of psychiatric and other types of medical treatment, effects of these on central nervous system.

**Psychosocial Aspects of Healthcare**

Examination of healthcare, effects of strengths and weaknesses of healthcare on individuals. üzerindeki etkileri.

**Biopsychology**

Effects of the treatment of chronic physical illnesses on the body and the immune system, interaction of environmental factors, physiology of eating and exercise.

**Health Promotion Across the Lifespan**

Studies of health promotion across the lifespan, interventions for topics such as healthy eating, exercise.

**Health Communication**

Communication between healthcare professionals and patients and their families, medical information giving, giving bad news, participation in medical decision making.

**Medical Family Counselling**

Counselling for families within the context of health and illness, reviewing research findings.

### **Social Policies and Health**

Effect of social policies on health systems, comparative social policies.

### **Advanced Psychopathology**

Biological and social vulnerabilities within the framework of diathesis-stress model, psychological disorders based on DSM-V.

### **Advanced Perspectives in Personality**

Psikanalitik, psikodinamik, biyolojik, hümanist, davranışçı, bilişsel, treyt kişilik kuramları.

### **Crisis Intervention**

Contracts of crisis and trauma, different types of trauma, interventions for different types of traumas and crises.

### **Advanced Psychotherapy Methods**

Philosophy and conceptual framework of different methods of psychotherapy, structure of interviews, techniques.

### **Neuropsychology and Neuropsychological Assessment**

Functioning of adult brain, brain functions, anatomy of central nervous system, neural development, effects of brain injury, vascular permeability, effects of dementia, main principles of neuropsychological assessment.

### **Health Literacy**

Definon of health literacy, importance of health literacy, areas of health literacy

### **Qualitative Research Methods**

Methods of qualitative research, theories of qualitative research, sampling, transferability, validity, data analysis, reporting.

### **Advanced Topics in Social Psychology 1-2**

A selection of contemporary topics in the area of social psychology

### **Advanced Topics in Health Psychology 1-2**

A selection of contemporary topics in the area of health psychology

### **Advanced Topics in Sports Psychology 1-2**

A selection of contemporary topics in the area of sports psychology

### **Advanced Topics in Cognitive Psychology 1-2**

A selection of contemporary topics in the area of cognitive psychology

### **Advanced Topics in Developmental Psychology 1-2**

A selection of contemporary topics in the area of developmental psychology

### **Advanced Topics in Psychopathology 1-2**

A selection of contemporary topics in the area of psychopathology

**Organisational Behaviour in Healthcare**

Role of behaviour management in healthcare, organisational behaviour, analysis of personality and personal differences, perception in healthcare, leadership.

**Communication in Healthcare**

Importance of public relations, structure, organisation and activities of public relations department.

**Chronic Illness Management**

Quality of life in chronic illness, planning programmes to improve quality of life, long-term management strategies.

**Health Policy Planning**

Construct of health policy, health reforms, analysis and evaluation of health policies.

**Health Management**

Characteristics of contemporary health services, healthcare processes, accreditation, role of information technologies, clinical protocols, homecare, emergency healthcare, palliative healthcare, elderly healthcare